



CHARACTER EDUCATION: PRACTISING SELF-DISCIPLINE

 <https://youtu.be/kv7-EmgM9PY>



After watching the video, explain with your own words what it means to be self-disciplined.





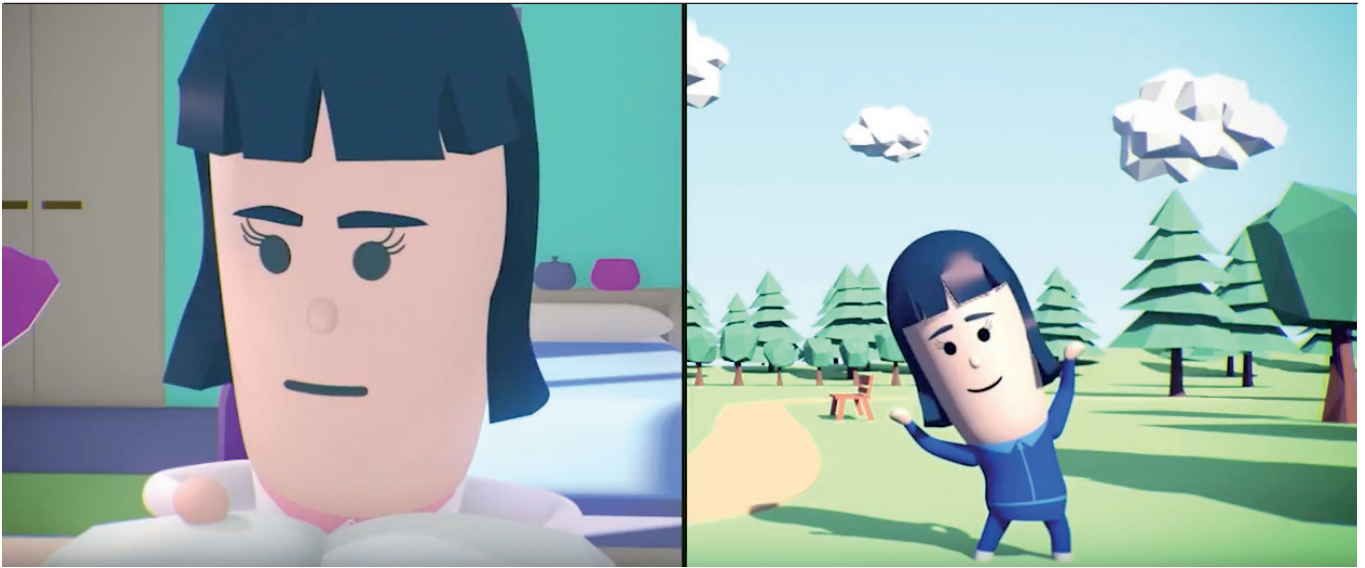
In which situations of the video is self-discipline involved?





Which situations of your daily life can help you develop self-discipline (with family, with friends, at school ...)?





Can you mention any recent situation in which you could have behaved with more self-discipline?

